

# -M-Chair Instruction Page-

## Instructions:

When crossing roads, **ALWAYS** cross with the bigger wheels hitting the gutter first, or when coming over the gutter. See pictures below:



**TAKE NOTE:** Turn the user backwards when crossing the roads downwards so the big wheels hit the gutter first, and when pulling them up the other side do the same.

This is because your smaller front wheels are not big enough to go up the gutters, and going down the curbs there is too much pressure as it impacts on the road and you could break them.

Additionally, it might be steep and your footrests could hit the curb and send the person in it toppling.

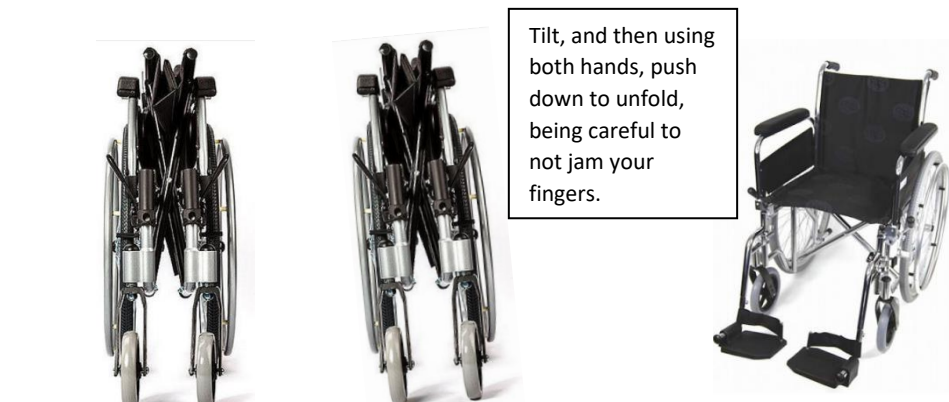
So always go backwards when crossing or going up driveways or pedestrian crossings.

Example:



## M-Chair Advice:

1. Lift the footrest/s up before getting on. They are NOT steps for the user to get onto the machine.
2. When crossing roads/footpaths and going over bumps, always turn backwards, and go straight down, so both your bigger wheels hit the road at the same time. This is to **avoid tipping your m-chair. NEVER Go at an angle.**
3. When opening your M-Chair, **slightly lift one wheel off the ground as you unfold.** This is because your wheels are rubber tyres. They will grip the ground if you are putting force down to unfold it. So, to avoid putting pressure on the wheels / bending the frame, we ask you lift one wheel so it unfolds easily.



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4. Some wheelchairs also have “quick-release wheels”, as per the image below. Customers will be instructed if your chosen wheelchair has this. Alternatively, you can also find this on the specifications on the rental machine.



5. Your wheelchair usually have “removable footrests”, in which you can swing them away from the wheelchair by pressing the lever, or bar connecting it. See image below:



Lever is usually here.

6. **Do not leave your m-chair unattended or out in the rain.**
7. If there is a person in the wheelchair and you all stop for whatever reason, put the brakes on to avoid the wheelchair moving.
8. Users or pushing assistance / aids should endeavour to always push safely, on a footpath if outside, and at an appropriate, controllable walking speed.
9. Users or assistants should ALWAYS exercise due care when going up or down any gradient or slope. If this has never been done before, extra personal is recommended to ensure this is manageable by the user themselves or by the assistances pushing them.